



## Parent Guide: Our Education Provisions

Welcome to Illuminate You and The Hideaway! We provide a nurturing, tailored education that meets the unique needs of every child.

Our holistic approach combines academic excellence, therapeutic support, and life skills development to help young people thrive.

### Our Mission

At Illuminate You and The Hideaway, our mission is to create a safe, inclusive, and stimulating learning environment where students can achieve their potential.

We aim to empower young people by fostering resilience, independence, and a love of learning.

### What We Offer

#### 1. Academic Excellence

Our curriculum is designed to be flexible and personalized, ensuring that all students can progress at their own pace. Key features include:

- **Core Subjects:** We offer English, Mathematics, and Science, accredited through **AQA Unit Awards** and **Functional Skills qualifications**.
- **Individual Learning Plans:** Each student follows a bespoke learning pathway tailored to their abilities and aspirations.
- **Small Group Sizes:** Our low student-to-teacher ratio ensures focused attention and support.

#### 2. Therapeutic Support

We recognize that many of our students face challenges that require more than academic intervention. To support their emotional and mental well-being, we provide:

- **Cognitive Behavioural Therapy (CBT):** Helping students manage emotions and develop coping mechanisms.
- **Music Therapy:** Using creative expression to build confidence and reduce stress.
- **Trauma-Informed Practices:** Ensuring every aspect of the school day considers and supports the needs of children with past trauma.



### 3. Life Skills Development

Preparing students for adulthood is at the core of our education provision. We integrate life skills into the curriculum, including:

- **Cooking and Nutrition:** Teaching students how to prepare healthy meals and make informed choices.
- **Personal Finance:** Equipping students with skills in budgeting, saving, and managing money.
- **Vocational Training:** Offering practical, hands-on experiences in areas such as horticulture, animal care, and carpentry.

### 4. Enrichment Opportunities

Beyond the classroom, we provide opportunities for growth and exploration:

- **Outdoor Learning:** Activities that build teamwork, resilience, and an appreciation for nature.
- **Creative Arts:** Drama, art, and design workshops to foster creativity.
- **Community Engagement:** Encouraging students to give back through volunteering and projects.

## Support for Parents

We understand the vital role parents and caregivers play in a child's education.

To keep you informed and involved:

- **Parent Portal:** Access regular updates on your child's progress, attendance, and achievements.
- **Open Communication:** We encourage open dialogue with parents and provide regular opportunities for meetings with teachers and staff.
- **Workshops and Resources:** We offer parent workshops on supporting learning at home, emotional well-being, and other topics.



## Daily School Life

- **Timings:** Our school day runs from 9:30 AM to 14:30 PM, with after-school activities available if required until 17:00 PM.
- **Transportation:** We assist in coordinating safe and reliable transport for students.
- **Meals:** Nutritious meals and snacks are provided, catering to individual dietary needs. Breakfast will be provided on arrival.

## Admissions Process

We aim to make the admissions process as straightforward as possible.

Here's how it works:

1. **Initial Inquiry:** Commissioners from Local Authorities or Mainstream Schools will contact our team for an information pack and availability.
2. **Referral information:** Will be received from the Local Authority or the Mainstream School you child currently attends.
3. **School Tour:** Visit our facilities and meet with staff.
4. **Assessment:** We assess each student's needs to create an Individual Learning Plan.
5. **Start Date:** Once agreed, we'll arrange a smooth transition into the school.

## Contact Us

We are here to support you every step of the way. If you have any questions or need more information, please don't hesitate to get in touch:

- **Email:** [education@illuminatecaregroup.co.uk](mailto:education@illuminatecaregroup.co.uk)

**“Together, we can help your child flourish”**