

Statement of Purpose – Family Friendly Version

Illuminate Independence & Skills Centre – Gainsborough

Illuminate Independence & Skills Hub – Gainsborough

A service provided by Illuminate Care Group Ltd

Our Adult Day Services (18+)

The Illuminate Independence & Skills Hub – Gainsborough provides a non-residential adult day service for adults aged 18 and over with learning disabilities, autism and/or mental health needs.

Our service operates from a safe, welcoming and homely environment, designed to feel calm, familiar and inclusive rather than institutional. We support individuals to develop practical life skills, emotional wellbeing, confidence and independence, while reducing social isolation and promoting meaningful community engagement.

Where required, we are registered with the Care Quality Commission (CQC) to provide Personal Care (RA1) and associated support in line with assessed needs.

Our Aims and Objectives

We aim to:

- Promote independence, choice and control in everyday life
- Support adults to build daily routines and practical skills
- Improve emotional wellbeing, confidence and resilience
- Reduce social isolation and encourage positive relationships
- Provide safe, respectful personal care where assessed
- Safeguard adults with learning disabilities, autism and mental health needs
- Work collaboratively with families, professionals and commissioners

Who We Support

We support adults aged **18–65** (and 65+ where appropriate) who may have:

- Learning disabilities
- Autism
- Mental health needs
- Mild to moderate eating disorders

We **do not** provide:

- Residential or overnight care
- Nursing care
- Substance misuse treatment
- Support for individuals detained under the Mental Health Act

Our Service Model – A Homely, Skills-Based Approach

Our day service is built around **real-life, meaningful activities**, delivered in a **homely setting** that mirrors everyday living. Support is flexible, person-centred and outcome-focused.

Daily Activities May Include:

Independent Living Skills

- Cooking and food preparation
- Washing clothes and laundry routines
- Personal organisation and time-keeping
- Maintaining a clean and tidy environment

Community & Practical Skills

- Supported shopping trips
- Budgeting and money awareness

- Planning meals and shopping lists
- Using public services and local amenities

Wellbeing & Leisure

- Gardening and outdoor activities
- Board games, puzzles and group games
- Arts, crafts and creative activities
- Sensory and relaxation sessions

Social Interaction & Confidence Building

- Group discussions and peer activities
- Shared meals and social time
- Building communication and social skills
- Encouraging positive relationships

Emotional & Mental Health Support

- Structured routines and consistency
- Emotional regulation and coping strategies
- Calm spaces and quiet rooms
- Trauma-informed and strengths-based support

Personal Care & Medication (Where Assessed)

- Support with personal care in line with individual care plans
- Medication administration where this forms part of assessed personal care needs

Staffing & Leadership

The service is led by a **Registered Manager**, supported by **Team Leaders and Support Workers**.

All staff:

- Are DBS checked
- Receive mandatory and role-specific training
- Are skilled in learning disability, autism and mental health support
- Receive regular supervision and ongoing development

Staffing levels are planned to meet individual needs safely and effectively.

Safeguarding, Quality & Governance

We operate robust systems to ensure people are safe and well supported, including:

- Safeguarding procedures aligned *with the Care Act 2014*
- Risk assessments and support planning
- Incident reporting and review
- Medication management audits
- Quality assurance, supervision and governance oversight

Safeguarding concerns are managed in line with local authority procedures and organisational policy.

Referrals & Access

Referrals are accepted from:

- Local authorities
- Learning disability teams
- Mental health services

- Social workers and care coordinators

We also welcome enquiries from families and professionals seeking tailored support.

Our Environment

The Hub offers:

- Accessible, homely activity rooms
- Kitchen and dining facilities
- Quiet and sensory spaces
- Accessible toilets
- Secure storage and safe outdoor areas

Our Commitment

At Illuminate Care Group, we are committed to delivering **Right Support, Right Care and the Right Culture**, enabling adults to live with **dignity, purpose and independence** in a supportive and welcoming environment.

Contact Us

Illuminate Independence & Skills Hub – Gainsborough

 info.daycare@illuminatecaregroup.co.uk

 07903 784448

Additional Safeguarding and Governance Information

Safeguarding concerns are managed in line with local authority procedures, organisational policy, and the Care Act (2014). All staff receive safeguarding training and understand their duty to report concerns immediately.

The service operates monthly audits, supervision, incident reviews, medication checks, and quality monitoring led by the Registered Manager and the governance team.

