

Our Story

Illuminate Care was founded with a simple but powerful mission: to create safe, nurturing environments where children and young people feel truly seen, heard, and supported.

Our journey began with a deep-rooted belief that every child—regardless of their background, trauma, or experiences—deserves a space where they can heal, grow, and thrive. Our founders brought together decades of experience across health and social care, education, and therapeutic services to build something unique: a model of care grounded in compassion, consistency, and high expectations.

At the heart of Illuminate Care is a trauma-informed approach. We understand that behaviour is communication and that behind every action lies a story. Our homes and services are built to respond to young people's needs with empathy and structure, balancing therapeutic support with the daily routines and stability that promote emotional regulation and trust. We don't give up on young people—even when they've been let down before. Instead, we work alongside them, helping them build confidence, resilience, and a sense of belonging.

Our ethos is underpinned by the values captured in the acronym **T.R.I.B.E.**



These are not just words on a wall—they guide our daily practice, our staff recruitment, and the relationships we form with young people, families, and professionals.

We believe that young people thrive when they feel part of something meaningful, where they are not only cared for but actively involved in shaping their own journey.

We have grown from a single supported accommodation project to a dynamic, integrated care group that includes therapeutic homes, education provisions, and community support. Each step of our growth has been guided by listening—to young people, to families, and to our team.

We continually reflect, adapt, and improve to meet the evolving needs of those we serve. Our work is not about short-term solutions; it's about long-term transformation.

Illuminate Care stands for more than just high-quality provision—we stand for possibility.

We believe that even the most vulnerable young people have potential waiting to be unlocked, and our role is to help illuminate the path forward. Whether through structured daily living, education, therapy, or simply sharing a meal at the table, we create moments that build trust, spark joy, and restore hope.

